

Warm-up Lane Assignments
(Each lane is responsible for dives/pace/turns.)

Friday: 7:00 a.m. – 7:45 a.m.

1	2	3	4	5	6	7	8	9	10
Aspen	Craig	Cortez Rangley	Gunnison	Steamboat	Evergreen	Evergreen	Evergreen CUDA	Montrose CUDA	Montrose

Friday: 7:45 a.m. – 8:30 a.m.

1	2	3	4	5	6	7	8	9	10
Delta BMST	Castle Rock Aquawolves	Castle Rock UN-CO Jeffco	Gillette Durango	Fusion Durango	Fusion	MAVS Rock Springs	MAVS Rock Springs	MAVS	MAVS

Saturday: 7:00 a.m. – 7:45 a.m.

1	2	3	4	5	6	7	8	9	10
Delta BMST	Castle Rock Aquawolves	Castle Rock UN-CO Jeffco	Gillette Durango	Fusion Durango	Fusion	MAVS Rock Springs	MAVS Rock Springs	MAVS	MAVS

Saturday: 7:45 a.m. – 8:30 a.m.

1	2	3	4	5	6	7	8	9	10
Aspen	Craig	Cortez Rangley	Gunnison	Steamboat	Evergreen	Evergreen	Evergreen CUDA	Montrose CUDA	Montrose

Sunday: 7:00 a.m. – 7:45 a.m.

1	2	3	4	5	6	7	8	9	10
Aspen	Craig	Cortez Rangley	Gunnison	Steamboat	Evergreen	Evergreen	Evergreen CUDA	Montrose CUDA	Montrose

Sunday: 7:45 a.m. – 8:30 a.m.

1	2	3	4	5	6	7	8	9	10
Delta BMST	Castle Rock Aquawolves	Castle Rock UN-CO Jeffco	Gillette Durango	Fusion Durango	Fusion	MAVS Rock Springs	MAVS Rock Springs	MAVS	MAVS